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Hygienists Symposium, 108th PDA Annual Convention

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### **Prevention at first sight**

#### ABSTRACT

The saying an ounce of prevention is better than a pound of cure holds true even in the field of dentistry and with the shift in caries management to a medical approach from a surgical approach, prevention even plays a more important role in caries control. The surgical approach focuses on treating carious lesions while the medical approach views caries as a continuum of disease caused by specific pathogens, identifies patients at risk and treatment not only includes restoration of carious lesion but preventive strategies. Therefore, dental hygienists play a very important role in caries management through implementation of these preventive strategies. The lecture will discuss these preventive strategies, which include maximizing fluoride exposure in all vehicles, placement of sealants, proper recall interval and good oral hygiene practices at home.